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FOR IMMEDIATE RELEASE

In *Post-Romantic Stress Disorder*: John Bradshaw Offers A Program To Help Couples Rekindle Love And Keep Their Marriage Intact

Deerfield Beach, FL - Research indicates it is actually a serious psychological disorder that is destroying many relationships today – and obviously why one in every two marriages fail. World-renowned visionary and *New York Times* bestselling author, John Bradshaw, offers a step-by-step program in his latest book *Post-Romantic Stress Disorder (PRSD): What to Do When the Honeymoon is Over* (HCI Books, ISBN-13: 9780757318139, \$15.95), that helps couples recapture their love and work towards a healthier partnership.

With divorce statistics in America indicating that 50% of all first marriages fail, and with even more staggering rates for second or third marriages, it's evident that once the honeymoon period is over many couples feel they have already had the best of the relationship and want to call it quits. Based on John Bradshaw's research, we now know that PRSD is, in fact, a serious psychological disorder that has been helping to destroy many relationships. Bradshaw, a visionary counselor, theologian and bestselling author, offers a unique program to help deepen mature love and intimacy, together with a series of exercises that can help anyone become a better partner.

John's revolutionary approach to the issues that endanger many modern relationships is bringing new hope to couples who don't know how to deal with the emotional swings that exist in almost every marriage. Says John, "As the health of the marriage goes, so goes the health of the family." Couples want to keep the family unit together but just don't know how. PRSD explains the brain circuitry that connects us to love and romance and provides readers the tools necessary to get their marriage back on track.

It was Bradshaw, in his groundbreaking work *Homecoming*, who helped us understand and heal the wounded and vulnerable "inner child." His dynamic therapies are practiced all over the world. A much sought-out speaker, Bradshaw has truly touched and transformed the lives of millions. Bradshaw's other best-sellers have included *Healing the Shame That Binds You* and *Creating Love*. He has combined his exceptional skills in the role of counselor, author, management consultant, theologian, philosopher, and public speaker, to become one of the leading figures in the fields of recovery, family systems, relationships, spiritual and emotional growth and management training.

John Bradshaw is available for interviews. For more information, to request a review copy, or to arrange an interview, please contact me at: 800-851-9100 x. 212 or kimw@hcibooks.com.

ABOUT THE AUTHOR:

John Bradshaw has combined his exceptional skills in the role of counselor, author, management consultant, theologian, philosopher, and public speaker, to become one of the leading figures in the fields of addiction recovery, family systems, relationships, spiritual and emotional growth and management training. His dynamic therapies are practiced all over the world. A much sought-out speaker, Bradshaw has truly touched and transformed the lives of millions. Bradshaw is *The New York Times* bestselling author of *Healing the Shame that Binds You*, *Homecoming*, and *Creating Love*. He has presented more than 500 keynote speeches, workshops and talks. He has hosted, appeared on, and been interviewed by more than 800 TV and radio shows, including: *Oprah*, *Politically Incorrect*, *GMA*, *CNN News*, the BBC, and Sirius Radio. Bradshaw has also been interviewed by, or written articles for, more than 500 publications, including *Newsweek*, *Rolling Stone*, *People*, *Chicago Tribune*, and the *Boston Globe*.