

The Appleseed Journal: A Spiritual Message from an Authentic American Hero

Bartonsville, PA – There's more to Johnny Appleseed than meets the eye and Dr. Stewart Bitkoff's new release, *The Appleseed Journal*, unveils the true story of this American hero, who very few may know was a spiritual man, and further that he went missing in 1843.

Johnny Appleseed is famously portrayed for his impact on growing the apple industry and expansion of his operation throughout the frontier. After a further look at Appleseed and his contributions, we discover that he was quite a spiritual man who ministered throughout his life's journey. *The Appleseed Journal* is based on actual events and delves deep into the era when Appleseed went missing on the way to a convention at the Church of New Jerusalem in Philadelphia. It's uncertain what happened along the way, but what is certain ... he never arrived.

"Johnny Appleseed had a spiritual calling and provided apple seedling, a life staple along the frontier, as part of his work," says Dr. Bitkoff. "It's rumored that Appleseed planted a message in Hudson Valley, New York so that it could be harvested by spiritual travelers in our time."

Author of six published books on spirituality, Stewart Bitkoff, holds a doctorate in education and has served as a faculty member for multiple college and universities throughout the US. Dr. Bitkoff is a spiritual traveler and advocate for Sufi mysticism. Additionally, he specializes in therapeutic recreation, psychiatric rehabilitation and mental health treatment. Dr. Bitkoff is a regular contributor to online media outlets such as: *Philadelphia Spirituality Examiner, Wisdom Magazine, New Age Journal, and Mystic Living Today.*

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