

In *Behind The Counselor's Door*, Students Learn The Consequences Of Good And Bad Choices Through Other Students' Experiences

Warren, MI - Most adults think the issues that students deal with in a high school aren't applicable to them. They believe the issues that you deal with in high school are trivial, based off of childish and catty impulses and have no place in the "real world." They couldn't be more wrong. Kevin Kuczynski does a compelling job of creating a compilation of real problems that he has encountered over his years as a counselor in a high school from the perspective of the students themselves, and outlines just how big of an impact these issues can have in later life. *Behind the Counselor's Door* (HCI Books-- \$13.95- ISBN: 9780757318412- March 2015) is Kevin's attempt at bridging the gap between adults and teenagers to better open the lines of communication and to jump-start conversations about these delicate but necessary subjects in homes all around the nation.

Kevin Kuczynski has spent many years behind the door of a counselor's office, helping teens in need. The issues he covers in his book span school-related issues such as homework and attendance to much heavier subjects such as dealing with grief, drug and alcohol addiction, and pressures of dating. He writes about the experiences of his students to motivate readers to persevere and go on to accomplish their goals, no matter the hand that life dealt them. He offers support through the pages of his book to those who may be lacking it and uses them to motivate teens to take stock in their own life.

"I write about my students' experiences to inspire you to: always strive to do the right thing even when it's not easy; take each moment as exactly that; make choices that allow you to live with passion and purpose instead of missteps and regrets." Kevin Kuczynski states on page 5 in the Introduction of *Behind the Counselor's Door* that these are the main reasons he decided to write down his experiences and use them to help others. Kuczynski is a man that doesn't claim to know all the answers, but one that graciously opens his door wide enough for the reader to get a glimpse of the types of problems that teenagers face today.

One of the key components of Kevin's book is to place proper emphasis on the future. High school may seem like such an important time and it is - to a degree. The students who lend their stories to the book are representative of the types of issues that run rampant in high schools today; issues such as peer pressure, loss, divorce, and bullying. It is very easy for these students to let these problems control their lives, but Kevin urges them and the reader to not let their past define who they will be in the future. Just like many problems they will encounter in their lifetime, these too will pass. In *Behind the Counselor's Door*, Kevin Kuczynski uses some of the issues he has encountered in his career as a high school counselor as an attempt to reach teenagers and parents alike so they can make smarter life decisions, keeping their futures intact and on track.

Available online and at bookstores everywhere or to order directly from the publisher, contact: www.hcibooks.com or (800) 441- 5569

About the Author:

Kevin Kuczynski is a counselor at Cousino High School in Warren, Michigan, providing responsive services including counseling, consultation, referral and peer meditation. He received his bachelor's degree from Cedarville University and his master's degree from Liberty University. He is a current member of the American Psychotherapy Association and serves on the advisory board for a large private counseling center in Southeast Michigan. He also helps students establish personal goals and develop future plans including college and career planning.

BEHIND THE COUNSELOR'S DOOR

Teenagers' True Confessions, Trials, and Triumphs

By Kevin Kuczynski

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